

MAP YOUR STATES

<div>MORNING</div> <div>Engaged</div> <div>Frantic</div> <div>Disconnected</div>	<div>12PM</div> <div>Engaged</div> <div>Frantic</div> <div>Disconnected</div>
<div>3PM</div> <div>Engaged</div> <div>Frantic</div> <div>Disconnected</div>	<div>EVENING</div> <div>Engaged</div> <div>Frantic</div> <div>Disconnected</div>

Which state is the most prevalent for you during the day and how does it manifest for you?